

NEWSLETTER

Support Alliance For Emergency Readiness

creating a **SAFER** santa rosa www.safersantarosa.org

7 October 2013

No act of kindness, no matter how small, is ever wasted. - Aesop

NEEDS. REQUESTS, DONATIONS

We can do no great things -- only small things with great love. -- Mother Teresa

"You make a living by what you get, but you make a life by what you give". -- Winston Churchill

5TH ANNUAL FALL COMMUNITY CAREER FAIR



News Release - 5th Annual Fall Communit





Attached is a new release, promotional flyer and list of attendees for our upcoming 5th Annual Fall Community Career Fair to be held this Friday, October 4th, on the Pensacola State College Main Campus. We appreciate any assistance you can provide in helping us spreading the word throughout our community.

Brittany B. Callahan Outreach Representative Workforce Escarosa, Inc.

Office: 850-607-8797 Email: <u>bcallahan@escarosa.org</u> <u>www.workforceescarosa.com</u>

SANTA ROSA COUNTY OFFERS PRESCRIPTION DISCOUNT CARD

Santa Rosa County Offers Prescription Discount Card -Residents can take advantage of savings an average of 24 percent-

On Thursday, Oct. 3 Santa Rosa County is launching a new program to help county residents deal with the high cost of prescription medications. Through a partnership with the National Association of Counties, the program provides area residents with a discount prescription card that can save residents an average of 24 percent off the retail price of prescription medications. The card is available at no cost to residents.

To print an ID card that can be used immediately at a participating pharmacy, locate a pharmacy, or access other program tools, visit www.caremark.com/naco or www.caremark.com/naco or www.caremark.com/naco or www.caremark.com/naco or www.santarosa.fl.gov/RXplan. Additionally, residents can pick up a card at each Santa Rosa County library. The toll free number 1-877-321-2652 is also available for those who need further information.

The prescription discount card can be used by those who do not have insurance or by those who have prescriptions not covered by insurance. The card can also be used to save money on some pet medications. It is accepted at 65,000 pharmacies nationwide including major chains like Wal-Mart, CVS/Pharmacy, Walgreens, Giant, Safeway, and Rite Aid. The participating pharmacies also include the majority of community-based, independent pharmacies.

The program is administered and operated by CVS Caremark. This is NOT insurance. Discounts are only available at participating pharmacies.

SERVPRO OF SANTA ROSA COUNTY/AMERICAN RED CROSS BLOOD DRIVE/PACE



Why should you give?



Ava Brooke is 3 years old and has High Risk Acute Lymphoblastic Leukemia. She is undergoing chemotherapy at Children's Hospital.

SERVPRO of Santa Rosa County

Blood Drive

Oops Alley, Pace FL

On the American Red Cross Bloodmobile

Saturday, October 26, 2013 10:00 am to 3:00 pm

All presenting blood donors will receive 2 free games of bowling! Drawings at the SERVPRO booth for donors. Come out and see Smokey the Bear and your local firefighters!



redcrossblood.org | 1-800-RED CROSS (1-800-733-2767)

PLSGV_DIV_Flyer_101

FARM SHARE EVENT - SANTA ROSA COUNTY

Educational and health vendors. Free food for up to 1,000 Santa Rosans in need.



Cindyfarmshare.pdf

2013 SANTA ROSA KIDS HOUSE FESTIVAL OF TREES



Market Registration.pdf

November 23rd 8a.m. to 3p.m.

GETTING AHEAD!!!

Getting Ahead in a Just-Gettin'-By World is both a workbook and a learning experience. During a 15 session course, participants work in groups to investigate their community. The Getting Ahead Investigator explores the world through economic class and begins to develop a future

story for themselves using the tools in the workbook. As an Investigator you learn about the "hidden rules" of class that can help you move toward a more sustainable future!



If these PDFs do not work for you then go the SAFER webpage and look in the Bridges Out of Poverty link on the left, or email me.

INFORMATION

When you cease to make a contribution you begin to die. - Eleanor Roosevelt

SANTA ROSA COUNTY BRIDGES STEERING COMMITTEE

Our next meeting will be held on Wednesday, November 13th from 1:30-3:30 p.m. at the Milton City Hall.

Topics for our next meeting:

- 1. Holiday resources! Please gather and send me any information regarding holiday assistance you know about within our community. Toys for Tots, holiday baskets, etc. We would love to have someone speak to us about their groups efforts!
- 2. Resiliency!
- 3. Bridges Board of Directors

Please save the date, I'll be sending out additional emails for RSVPs. Remember, we are missing some people from the table so if you think of someone, invite! Criminal Justice, business, government, etc.

Dawn N. Stone Secretary II Federal Programs Santa Rosa District Schools 850-983-5237 stonedn@mail.santarosa.k12.fl.us

NATIONAL PRESCRIPTION DRUG TAKE BACK DAY

<u>Dispose of your expired or unused Prescription drugs safely</u> Saturday, October 26, 2013

At the following locations: Santa Rosa Sheriff's Offices These sites are permanent drop off sites all year long with hours from 8am to 5pm. Mon-Fri

5755 East Milton Road, Milton 1322 College Parkway, Gulf Breeze 8597 High School Blvd., Navarre 4775 Pace Patriot Blvd., Pace 3695 Highway 4, Jay



takeback day flyer 2013 Santa Rosa.do

WATER QUALITY ADVISORY FOR NAVARRE PARK IN SANTA ROSA COUNTY

The Florida Department of Health in Santa Rosa County (DOH-Santa Rosa) has issued a water quality advisory for Navarre Park on Highway 98 in Navarre. The health department advises against any water-related activities at this location due to the potential for high bacteria levels. Bacteriological sampling conducted during weekly water quality monitoring showed that the level of bacteria exceeds the level established by state guidelines.

The health department will continue to monitor the water quality in this area weekly and routinely advise the public of the results.

For more information, contact DOH-Santa Rosa Environmental Health Division at 850-983-5200.

AFTER THE DWH OIL SPILL: BRIDGING ENVIRONMENTAL AND PUBLIC HEALTH ISSUES

GULF COAST SCIENCE CAFE

Monday, October 14, 2013 6:00 PM

O'Charley's 6233 N Davis Highway #112 Pensacola, FL 32504

Will you attend?

Yes

No

Andy Kane, associate professor of environmental and global health at the University of Florida, travels to Gulf Coast Science Cafe to talk about UF's Healthy Gulf Healthy Communities project and Gulf seafood safety three years after the DWH oil s...

LEARN MORE

INDIVIDUAL NEEDS MAY VARY

When making emergency plans, remember that each person's needs and abilities are unique. If you or someone you know has <u>access or functional needs</u>, additional steps should be taken to stay safe, healthy, mobile and independent during a disaster. Individuals with access and functional needs include:

Those who are hard of hearing, of limited sight or with limited English proficiency;

- Single parents;
- People without vehicles; and
- People with special dietary needs.

Find out about assistance programs that may be available in your community and register in advance with your local office of emergency services, non-profits groups and health departments.

Stay mobile and independent by including items in your disaster kit that meet your needs such as:

- Medical prescriptions:
- Extra eyeglasses and hearing aids;
- Written descriptions of service needs: and
- Batteries and chargers for assistance devices.

More ways to plan for those with access and functional needs is available in the "<u>Prepare For Emergencies Now, Information For People With Disabilities</u>" guide.

PREPAREDNESS ON A BUDGET

If you think creating your disaster preparedness kit will break the bank, consider this – many of the items for your kit may be found around your home – including hand sanitizer, garbage bags, a flashlight and batteries.

After you have built the majority of your kit from items already in your home, you can begin to build a list for the remaining items. Here are some additional tips for keeping your disaster kit budget-friendly:

- Shop at discount and dollar stores where appropriate;
- Trade extra supplies with friends or family; and
- Check the newspaper or online listings for discounted products.

For more simple and budget-friendly disaster kit suggestions and easy steps you should take if disaster strikes, you can access FEMA's free online "Preparedness on a Shoestring" activity module.

The "Preparedness on a Shoestring" activity module is part of FEMA's "Preparedness Activities for Communities Everywhere" tools, which shows how get prepared for all types of hazards.

SPECIAL OLYMPICS ESCAMBIA/SANTA ROSA HOSTING 2ND ANNUAL HALLOWEEN "SPOOKTACULAR" BOWL-A-THON!

Grab your family and friends for some Halloween fun to support Special Olympics athletes in Escambia and Santa Rosa counties! The Bowl-a-thon will take place on Saturday October 19th from 2-4pm at Cordova Lanes on Airport Blvd in Pensacola. It will be a fun-filled afternoon with bowling, music, food and drinks, plus a Halloween costume contest! Individual players are welcome as well as teams of any size made up of families, friends and co-workers. Each bowler must raise a minimum of \$25 in sponsorships to participate in the event. Raise even more money for Special Olympics athletes and win some great prizes! Grand prizes will be awarded to the top three fundraising individuals and teams. Win great prizes from Carmike Theater, Costume Superstore, Sam's Fun City and more!

Come meet our Special Olympics bowling team, who is raising money to attend the State Fall Classic Competition on November 16^{th,} and 17th, 2013. Athletes from Escambia and Santa Rosa will be traveling to ESPN World Wide Sports in Lake Buena Vista, FL to compete in Bowling, Power-lifting and Gymnastics.

Registration will begin at 1:30pm at Cordova lanes. Individual and team registration forms can be found on our website at SpecialOlympicsEscambia.org. Also, join the event on our Facebook page.

Special Olympics Florida provides year-round sports training and competition to children and adults with intellectual disabilities, at no cost to the athlete or their caregiver, as a means to achieve physical fitness, self-esteem, socialization skills, and the life skills necessary to be a productive, respected and contributing members of their communities.







Halloween Bowl-a-thon 2013.do Bowl-a-thon 2013 P1.pdf Bowl-a-thon 2013 P2.pdf

For more information, contact:

Jessica Barrale Director, Special Olympics Florida- Escambia/Santa Rosa 850.791.6670 jessicabarrale@specialolympicsescambia.org

MONEY TALKS

Disaster preparedness extends beyond storing water and supplies. Having a plan to pay bills and access your important records and accounts will avoid problems in the future. Since disasters leave many families without access to finances, store your important documents in a safe place. Using the <u>Safeguarding Your Valuables</u> activity module and <u>Emergency Financial First Aid Kit</u> will get you started.

Disasters can also leave you with expensive damages. If you do not have health, life, property or <u>flood insurance</u>, get them now! Remember flooding is not included in homeowners insurance.

Planning ahead for financial challenges after a disaster is also important because the road to recovery can often be a long, complex process. The Recovery After Disaster: The Family Financial Toolkit discusses strategies and provides tools to help you make the best financial decisions for your family. Another valuable resource is the Consumer Protection Bureau. They can guide you on how to protect and rebuild your finances, avoid loan scams and what to do immediately following a disaster.

FLU VACCINE AVAILABLE AT FLORIDA DEPARTMENT OF HEALTH IN SANTA ROSA COUNTY

Flu vaccine for the 2013-2014 Flu season is now available at all Florida Department of Health in Santa Rosa County clinic locations. The vaccine is available for \$30.00, and is covered by Medicare Part B for adults who are eligible. Vaccine is also available at no fee for children aged 6 months through 18 years through the Vaccines For Children program. Quantities of the free vaccine are limited, so it is suggested that parents call the clinic to verify vaccine availability.

Clinic locations and hours:

Milton Clinic 5527 Stewart Street

Hours: 8:00 a.m. - 4:30 p.m., Monday and Thursday

Closed for lunch from 12:00 Noon - 1:00 p.m.

Phone: 850-983-5200

Midway Clinic

5840 Gulf Breeze Parkway

Hours: 8:00 a.m. - 11:30 a.m. and 1:30 p.m. - 3:30 p.m., Tuesdays only

Phone: 850-934-4074

Jay Clinic

14122 Alabama Street

Hours: 9:00 a.m. - 12:00 Noon, first Wednesday of the month

Phone: 850-983-5200

Seasonal flu vaccine protects against strains of the illness most commonly circulating. It takes about two weeks after vaccination for the body to develop the antibodies that protect against the flu. The 2013-2014 vaccine offers protection against four types of flu, two Type A and two Type B. In addition to the flu shot, the Florida Department of Health in Santa Rosa County recommends these precautions:

- Wash hands frequently using soap and warm water. If soap and water are not available, use an alcohol based hand sanitizer.
- Cover coughs and sneezes. Cough or sneeze into a disposable tissue and throw the tissue away after use, or cough or sneeze into your elbow or sleeve.
- Stay home if you are experiencing flu like symptoms, such as fever, cough, sore throat, headache and muscle aches, and keep children with symptoms home from school or day care, until fever free for at least 24 hours without the use of fever reducing medication, except to seek medical care.

For more information about the flu and flu vaccines, visit the Centers for Disease Control (CDC) website at http://www.cdc.gov/flu/keyfacts.htm.

MINDING YOUR BUSINESS

Each year small businesses nationwide are forced to close their doors in the aftermath of severe storms, flooding, tornadoes, wildfires and hurricanes. An estimated <u>25 percent of businesses</u> do not reopen after a major disaster. Small business owners should develop a <u>preparedness program</u> to address the impact of hazards. There are five steps in developing this program:

- Program Management;
- Planning;
- Implementation;
- Testing and Exercises; and

Program Improvement.

Take your company to the next level of preparedness with a free online <u>business readiness</u> <u>assessment</u> available from the American Red Cross as part of their Ready Rating program. As a Ready Rating member you will have access to various tools, resources and information to evaluate and improve your ability to withstand disaster.

GET PREPARED

http://do1thing.com/

This web page is an awesome way to incrementally get your family and business ready for any disaster.

TWITTER

SAFER Santa Rosa is on Twitter.

FACEBOOK

SAFER is on Facebook, find us, and become our friend; -) We are up to 677 people! Invite friends. Let's keep growing this communications venue. Invite other Santa Rosans to participate. Invite your Santa Rosa friends to join you on the SAFER Facebook page.



Use of barricades policy: Free to parades and other events in Santa Rosa County that are sponsored by a chambers or government entities (Christmas parades, Mardi Gras, 4th of July etc...) or non profits, that are hosting events that are free and open to the public. The user is responsible for transportation of barricades, AND banners advertizing sponsors MUST be put on barricades. Others wanting to use the barricades must provide transportation and rent barricades at a cost of \$5 per barricade. Additional fees may be applicable if barricades are not returned within 7 days of pick up/delivery. Barricades will cost \$8 each if delivery is required. Average rental price for barricades is \$9-\$13 each through other vendors. SAFER barricades are a bargain.

OPPORTUNITIES

There is no better exercise for your heart, than reaching down and helping to lift someone up. - Bernard Meltzer

BUILDING RESILIENT COMMUNITIES: AN ONLINE TRAINING

The RAND Corporation developed a free emergency preparedness <u>online training</u> outlining how organizations and communities can better prepare for emergencies and strengthen their resilience. Resilience means:

- mitigating and withstanding the stress of manmade and natural disasters.
- · recovering in a way that restores normal functioning.
- applying lessons learned from past responses to better withstand future incidents.

The training is intended for a diverse range of organizations, including businesses; faith-based organizations; hospitals, health clinics, and other health agencies; mental health providers; schools and universities; civic and volunteer groups; first responders; local government agencies; public health departments; and nonprofit agencies.

JUST IN TIME DISASTER TRAINING VIDEO ON-LINE LIBRARY



There are now 417 disaster mitigation, preparedness, response and recovery training videos embedded in the Just In Time Disaster Training Video Library with new videos being added on a daily basis.

The purpose of this **FREE** on-line library is to provide a single, easy to search source in which individuals, agencies and organizations can access Just In Time Disaster Training Videos.

The library can be accessed at the following web site:

www.JustInTimeDisasterTraining.org

Share access to this unique disaster training resource with others by linking your web site to the library today.

THREAT AND RISK ASSESSMENT

Local Jurisdiction • MGT-310

Texas A&M Engineering Extension Service

National Emergency Response and Rescue Training Center
This course prepares participants to conduct a jurisdictional Threat and Hazard Identification
and Risk Assessment (THIRA). Participant activities focus on allowing the jurisdiction to
understand threats and hazards and how the impacts may vary according to time of occurrence,
season, location, and other community factors. This knowledge helps a jurisdiction establish
informed and defensible capability targets. Participants will identify threats and hazards of
concern, give the threats and hazards context, examine the core capabilities, set capability
targets, perform vulnerability and consequence assessments, and apply the results. The course
delivery combines lecture, small group discussions, participant activities, and multimedia
scenarios to improve the jurisdiction's capability to prevent, protect, mitigate, respond to, or
recover from all-hazards events.

Training Level:

Management and Planning

Venue

Escambia County Sheriff's Office Training Department 1190 West Leonard St Pensacola, FL 32501

Course Length:

Two days (16 hours) December 3-4, 2013 0830-1630 each day

Participant Audience:

Emergency response level, supervisory and/or management personnel who respond to or have oversight responsibility for incidents caused by terrorism, natural disaster, major accidents and all other hazards. Course participants include responders from the following disciplines/services:

- Law Enforcement
- Fire Service
- Emergency Medical Services
- Hazardous Materials
- Public Health
- Public Works
- Emergency Management
- Health Care
- Emergency Communications
- Governmental Administrative

Personnel from the private sector, nongovernmental organizations, schools, and the military are also allowed to attend if invited or approved by the host jurisdiction.

Prerequisites:

Participants should work in one of the listed disciplines, have completed a WMD/terrorism awareness level course, or be approved by the local jurisdiction host. Completion of the online courses IS-700.a (NIMS - An Introduction) and AWR-160 (WMD/Terrorism Awareness for Emergency Responders) is recommended but not required. The DHS/FEMA NTED course AWR-160 is offered online by TEEX at: www.teexwmdcampus.com.

Class Size:

24-40 participants

Registration Information:

To register, please send your name, telephone number, company name and address, position title, and email address to the following individual:

Jeffrey Williamson Critical Infrastructure Planner Florida Department of Law Enforcement 850-595-2106

jeffreywilliamson@fdle.state.fl.us

Cost:

This workshop will be provided by DHS at no charge to attend – however, any lodging/per diem expenditures will not be reimbursed by DHS – those expenditures will be the responsibility of the attendees' own agency/department/company.

NEWS (blue is new)

Never doubt that a small group of thoughtful committed citizens can change the world; indeed, it's the only thing that ever has. --Margaret Mead

Preparing Makes Sense for People with Disabilities and Other Access and Functional Needs-Video

http://www.youtube.com/watch?v=ZLLMDOScE4g&feature=youtu.be

Building Resilient Communities: An Online Training http://www.rand.org/pubs/tools/TL109.html?goback=%2Egde_95355_member_271477566#%2

Disaster Resilience in America: Launching a National Conversation Website http://nas-sites.org/resilience/Resilience-Events/

Moocdemic Game

MOOCDEMIC is a simulation game of a real world epidemic. It is best played on a mobile device.

https://www.moocdemic.com/

When disaster and disability converge

http://www.ipsnews.net/2013/08/when-disaster-and-disability-converge-part-one/

New Hope for Older People in a Disaster

http://blog.aarp.org/2013/08/12/hope-for-older-persons-in-a-disaster/

Active Shooter Workshop Teaches Communities to Win, not Survive

http://www.emergencymgmt.com/safety/Active-Shooter-Workshop-Teaches-Schools.html

Decision-making in a crisis: Understanding the brain

http://www.securitynewsdesk.com/2013/06/27/decision-making-in-a-crisis-understanding-the-

brain/?goback=%2Egmp 3876618%2Egde 3876618 member 257800797

Strong leaders act before disaster strikes

http://www.winnipegfreepress.com/local/strong-leaders-act-before-disaster-strikes-

214249751.html

OFB-EZ – a new, free business continuity tool

http://www.disastersafety.org/disastersafety/open-for-business-

ez/?utm_medium=email&utm_campaign=IBHS+Launches+New+Disaster+Planning+Tool+for+Small+Businesses&utm_content=IBHS+Launches+New+Disaster+Planning+Tool+for+Small+Businesses+CID_29d5712ad3cfda67821107234642c451&utm_source=Email%20marketing%20software&utm_term=dedicated%20OFB-

EZ%20web%20page&goback=%2Egmp_3876618%2Egde_3876618_member_249997713

To Beat the Chaos, Take a Thinking Day

http://www.linkedin.com/today/post/article/20130715110232-187399433-to-beat-the-chaos-take-a-thinking-day

HEAT SAFETY TOOL

https://www.osha.gov/SLTC/heatillness/heat_index/heat_app.html

Learning from disaster

http://www.udel.edu/udaily/2013/jun/disaster-research-062613.html

Why Do We Give? Not Why Or How You Think

http://www.npr.org/2011/11/25/142780599/why-we-give-not-why-you-think

Four Ways the Government Subsidizes Risky Coastal Rebuilding

http://www.propublica.org/article/four-ways-the-government-subsidizes-risky-coastal-

rebuilding?utm medium=referral&utm source=pulsenews

5 Things You Don't Know About Disasters

http://www.weather.com/news/fema-fugate-know-5-things-about-disaster-

20130625?cm_ven=Facebook&cm_cat=fb_article_rec&fb_ref=story_share

Map: Places That Will Flood More Often Due to Global Warming

http://www.slate.com/articles/health and science/climate desk/2013/06/map fema study shows flood_hazard_areas_may_increase_45_percent_by_2100.html?utm_medium=referral&utm_source=pulsenews

The Risks You Don't Think of: A Plea to Pack a 'Go Bag'

http://www.wired.com/wiredscience/2013/06/the-risks-you-dont-think-of-a-plea-to-pack-a-go-bag/

bag/

Emerging Technology for Family Emergency Preparedness

http://www.huffingtonpost.com/tony-loftis/emerging-technology-for-f_b_3420895.html

How Social Media Is Changing Disaster Response http://www.scientificamerican.com/article.cfm?id=how-social-media-is-changing-disaster-response

Is Your Business Continuity Plan Ready for the Summer Vacation Season? http://www.disastersafety.org/disastersafety/business-continuity/

10 Worst Things to Donate After a Disaster http://money.howstuffworks.com/10-worst-things-donate-after-disaster.htm

Zombies and Preparedness: Five tips for using metaphors in exercises and outreach http://freeresources.luciencanton.com/2012/10/zombies-and-preparedness-five-tips-for-using-metaphors-in-exercises-and-outreach.html

Woeful Success Rate in Citizen Preparedness Suggests New Approaches is Necessary http://www.emergencymgmt.com/disaster/Woeful-Success-Rate-Citizen-Preparedness.html

Why Aren't Americans Listening to Disaster Preparedness Messages? http://www.rand.org/blog/2012/06/why-arent-americans-listening-to-disaster-preparedness.html